


SALADS

- ✓ CAPRESSE SALAD (lacto vegetarian)
Served with baby lettuce
- ✓ FRESH SALAD
Served with cantaloupe, goat cheese, lettuce, tomato, black olives
- ✓ FRUIT SALAD
Seasonal fresh fruit with sherbet or plain yoghurt
- ✓ GARDEN SALAD
Mixed lettuce, avocado, spinach, radish
- ✓ MYCONOS SALAD (lacto vegetarian)
With lettuce, black olives, feta cheese and parsley

- TUNA SALAD
Over fresh lettuce

APPETIZERS

SEA SCALLOPS SALAD
Served with lettuce, cucumber, bell pepper, marinated with lime juice, coriander and chili pepper

 SHRIMP, FISH, OCTOPUS OR MIXED CEVICHE
Marinated with lime juice, onion, coriander and tomatoes

 SEAFOOD COCKTAIL
Marinated with lime juice, coriander, habanero chilli with cocktail sauce

OCTOPUS SALAD "YUCATAN" STYLE
Marinated with lime juice, coriander, radish, onion and chili pepper

 FISH TACOS
Crispy fish tacos

SOUPS

VEGETABLE SOUP
Combination of vegetables and essence of basil

CONSOME XOCHITL
Chicken soup with rice, Mexican sauce and fresh avocado

✓ VEGETARIAN DISHES  LITTLE SPICY

 SPICY

FROM OUR GRILL

ISLA GRILL FISH FILLET

On a bed of rice topped with extra virgin olive oil



GRILLED CHICKEN BREAST with or without mole sauce
Served with rice and steamed vegetables

FILET OF PORK

Grilled pork filet marinated with local herbs

GRILLED FLANK STEAK

Served with guacamole, refried beans and pico de gallo, accompanied with corn tortillas

FAJITAS

BEEF, CHICKEN OR SHRIMP

Served with bell peppers, refried beans, Mexican sauce, guacamole and flour tortillas

TACOS

BEEF, CHICKEN OR SHRIMP

Served with guacamole, mexican sauce and "molcajete" red sauce

BURRITOS

FISH BURRITO

Ensenada style, prepared with fried beans, cheese and wrapped in flour tortilla

SALMON BURRITO

Served with caper sauce, accompanied with mixed lettuce salad

SHRIMP BURRITO

Served with fried beans, cheese, lettuce, wrapped in flour tortilla with a garden salad and sesame dressing

CHICKEN BURRITO

Flour wrapped, filled with fried beans, cheese and lettuce, served with guacamole and "pico de gallo"

BEEF BURRITO

Flour wrap filled with refried beans, cheese and lettuce, served with guacamole and "molcajete"

EL MAR

We invite you to enjoy our delicious wood burning oven pizzas.

Service available only on the beach and pool areas from 11:00am to 5:00pm

